

SWIM COURSE

- 1.2 Miles
- Point to Point
- Chattanooga, TN
- Tennessee River

The point-to-point swim in the Tennessee River will start 1.2 miles upstream of transition. Athletes will enter the water with a rolling start event. Athletes will swim down this stream to the swim exit at Ross's Landing Park.

 PATH TO TRANSITION

 TRANSITION AREA



**SWIM
START**

**SWIM
FINISH**

8

58

P.R. Olgiati
Bridge


Walnut Street
Bridge

Veterans
Bridge

MacClellan
Island

Ross's
Landing
Park

TENNESSEE RIVER

Sunbelt
BAKERY
IRONMAN[®]
70.3[®] CHATTANOOGA 

BIKE COURSE

- 56 Miles
- One-Loop
- Chattanooga, TN

TURN BY TURNS

- Left out of transition onto Riverfront Pkwy.
- Right onto Market Street
- Right onto 40th Street
- Left onto Tennessee Ave.
- Veer Left to stay on Tennessee Ave.
- Right onto 55th Street
- Left onto St. Elmo Ave.
- St. Elmo Ave. becomes Hwy 193
- Right onto West Cove Road
- Left onto Andrews Lane
- Left onto Hog Jowl Road
- Left onto Lee Ave.
- Left onto Chickamauga Rd./Hwy 341
- Right onto Hwy 193
- Right onto 55th Street
- Left onto Tennessee Ave.
- Right onto West 40th Street
- Left onto Alta Park/Market Street
- Left onto 20th Street which becomes Riverfront Pkwy.
- Finish at Ross's Landing

- 1ST LOOP MILE MARKERS
- 2ND LOOP MILE MARKERS
- AID STATIONS
- TRANSITION AREA



Sunbelt
BAKERY

IRONMAN[®]

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RUN COURSE

- 13.1 Miles
- 2.25-Loop
- Chattanooga, TN

- Left out of transition onto Riverfront Parkway
- Right onto path
- Left on Riverfront Parkway
- U-Turn before railroad tracks
- Right into Parking lot
- Left onto trail
- Straight up Battery Place
- Right on Veterans Bridge/Georgia Ave
- U-turn and head down ramp towards Frazier
- Left on Walnut Street Pedestrian Bridge
- Left on Aquarium Way
- Right on Riverfront Parkway
- U-Turn before railroad tracks
- Right into Parking lot
- Left onto trail
- Straight up Battery Place
- Right on Veterans Bridge/Georgia Ave
- U-turn and head down ramp towards Frazier
- Left on Walnut Street Pedestrian Bridge
- Left on Aquarium Way
- Left on Riverfront Parkway
- Finish at Ross's Landing

MM 1ST LOOP MILE MARKERS
MM 2ND LOOP MILE MARKERS

1 AID STATIONS



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